

MUN



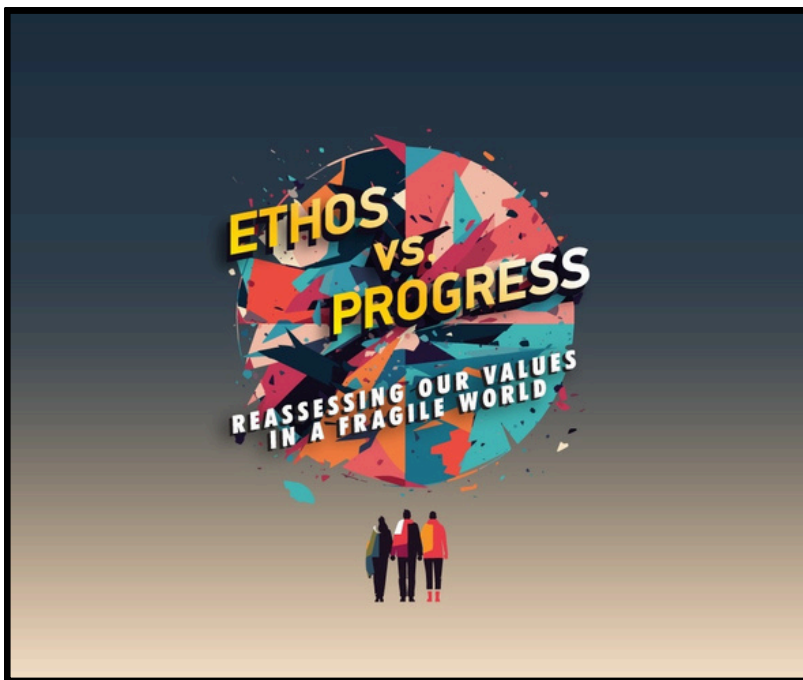
The MUN Post

CGS MUN

8TH DECEMBER , 2024

ETHOS VS PROGRESS

REASSESSING OUR VALUES IN A FRAGILE WORLD



MUN

THE SECRETARIAT

Secretary General

Kalliopi Vareli

President of the General Assembly

Alexandros Panagiotis Ritsos

Deputy Secretary General

Konstantina Plesti

Deputy Secretary General

Elena Protonotariou

Deputy President of the GA

Maria Artopoulou

ETHOS VS PROGRESS: REASSESSING OUR VALUES IN A FRAGILE WORLD

Reflections on the 19th CGS MUN Conference from a Volunteer's Point of View

Press Volunteers

With the 19th CGS MUN coming to an end, we have gained a deep appreciation for everything this conference represents. It taught us the importance of solidarity and how to properly express our thoughts and opinions. From our position as press team volunteers, we learned the value of meeting deadlines and following instructions precisely.

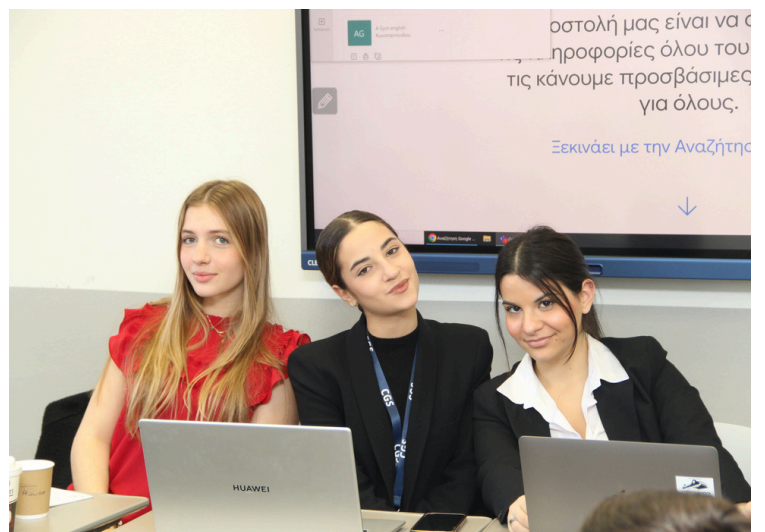
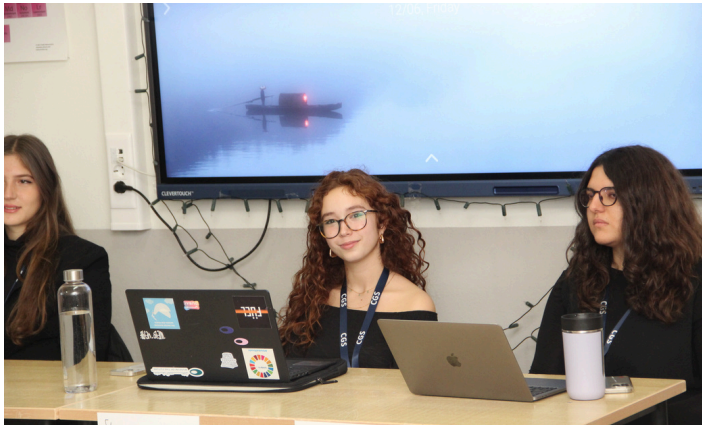
Being a part of the volunteering team was an eye-opening experience. It gave us a glimpse into how challenging it can be to manage a team effectively. This was one of the most important lessons we took away from this year's CGS MUN conference: the realization that we don't need to rush through life or grow up too quickly. Our patient and supportive heads of staff showed us that depending on others

isn't as bad as we sometimes make it out to be. In fact, it can be freeing to know that we don't need to carry every burden alone and can trust in the guidance of others. We also came to understand the immense value of communication. Whether it was conveying information quickly to a delegate or reporting progress to our supervisors, effective communication was key. Throughout the conference, we learned how to handle stress, work under pressure, and remain composed—all while maintaining the high standards expected of us.

As press team volunteers, we had the unique privilege of participating in the behind-the-scenes efforts that kept the conference running smoothly. From assisting delegates to managing logistics, we were part of a team dedicated to ensuring the event's success. This experience taught us the significance of teamwork and how every individual plays a vital role in achieving collective goals.

In many ways, CGS MUN showed us that growth isn't just about reaching milestones—it's about the process and the relationships we build along the way. Being part of something larger than ourselves was truly inspiring, and it left us with lessons we'll carry for years to come.

Once In a Full MUN







BEST STAFF



Heads of Staff



STOFF Questionnaire

Who would die first in the Hunger Games

	Kalliopi Vareli	4
	Konstantina Plesti	1
	Elena Protonotariou	3
	Alex Ritsos	20
	Maria Artopoulos	1

Write something for the delegates to read

- DON'T nuke France.
- That one dumb thing you said? No one is going to remember. I'm playing Candy Crush on my phone behind the desk, next.
- Dear delegates, if it's your first time at an MUN, don't worry. If you mess up, no one will remember, but if anyone does, it's a reason for you to laugh with them and think that in 1–2 years when you are chairing, you will be sharing your experience with your delegates to make them feel better about themselves. In my first MUN conference, I had no idea what an ambassador did, and when they asked me to go up and talk, I repeated the speech that the delegate before me said—word for word.
- I'm sorry for those who have me as a chair. Good luck 🍀! PS. Meet me for drinks after the conference.
- If you don't read the study guide, you genuinely suck.
- MUN is a community where it doesn't matter if you are a newcomer or a veteran; no one will judge you. We all know the anxiety that you feel. So be open and try new things.
- Hey y'all, if I see phones at the GA, they are getting defenestrated.
- The study guides have been carefully written and corrected for you; pleeeeeeease read them!
- Have a nice and enjoyable conference—you got this!
- Try to participate; your opinion can make a difference, and most importantly, HAVE FUN!
- GA2 best committee.
- Delegates, as we gather to discuss matters of global security, we must address a silent yet pervasive threat lurking beneath the surface of our international order: ducks. Yes, ducks. Don't let their cute quacks and waddles fool you—these feathered fiends have infiltrated parks, lakes, and diplomatic water features across the globe. They possess unparalleled skills in amphibious warfare, untraceable migration patterns, and a terrifying ability to charm civilians with breadcrumbs. Imagine, if you will, a world where ducks unite. Mallards, teals, and even swans (their posh cousins) could form a fowl alliance, taking over our rivers and ponds as strategic choke points. The global rubber duck market could be weaponized to spread propaganda. Worse, the ducks' mastery of "duck and cover" tactics renders them impervious to conventional military strategies. Delegates, I urge you to consider: if a pigeon can cause an international incident by pooping on a world leader, what havoc could a duck unleash? The time to act is now. Let us preempt the rise of the Quack Bloc before it's too late. (Ifykyk)
- It's not the length of the speech that matters; it's how you use it, ha ha ha.
- Study guides.
- Have fun; MUN is a remarkable experience!
- Make the most out of these conferences—they may change your life in the best ways possible.
- Just raise your placards to express your opinions and don't make us shout all the time, "We urge the house to participate more."
- Don't get easily discouraged if you fail to achieve something. There is always next time.
- Make amendments.
- MUN will change your life. Just give it time, and it will become a part of you.
- You are awesome, beautiful, and can do anything you set your sights on! Imagine you can, and you will!
- I better not have to scream my lungs out.
- I hope you are all as excited for this 2024 CGSMUN conference as I am. A word of advice is to not care too much about what others think of you and try to build up confidence and better yourself.
- I wish you all the best in your discussions and hope you will have an amazing time!
- Participate as much as you can. No one will judge you—we are here to help you as much as possible!

Describe what ethos is to you in one word...

Restraint

Important

Integrity

Culture?

Credibility

A set of values and beliefs that are held deeply within one's conscience.

Dignity

Dignity

Integrity

Not Alex Ritsos

Credibility

Character

Essence

Values

Sureness

Prerequisite

Progress

Morals

Morals

Benevolence

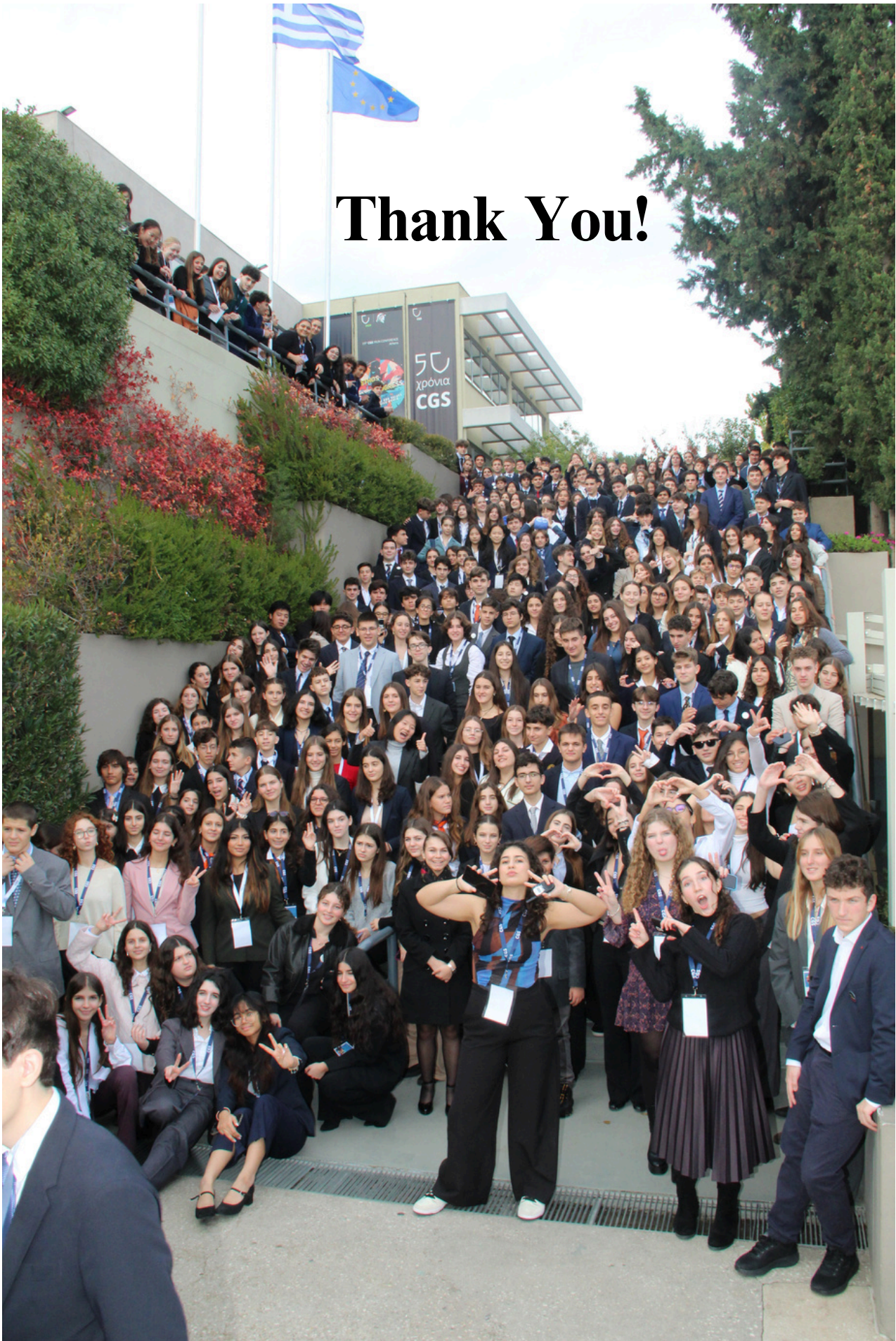
Self-respect

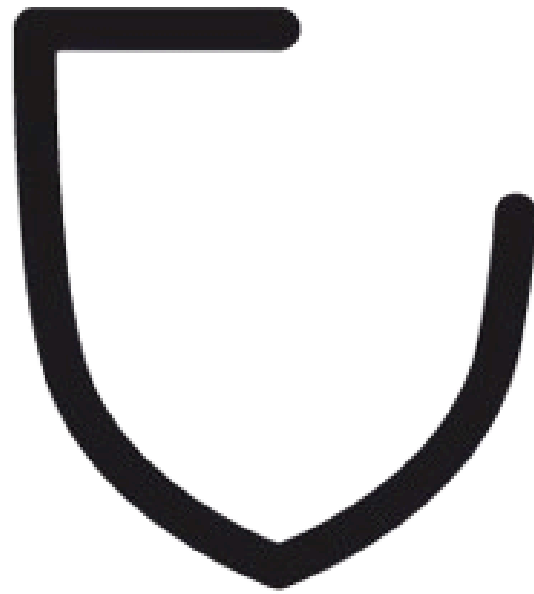
Trustworthiness

Principles

Credibility

Thank You!





MUN

